



Directorate of Students' Welfare
Guru Gobind Singh Indraprastha University
Sector-16 C, Dwarka, Delhi-110078 Website: <http://ipu.ac.in>



F.NO/GGSIPU/DSW/19/2022-23 **383**

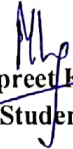
Date: **19/06/23**

NOTICE

As you are aware that Mental Health is a critical and complex issue that affects many individuals, particularly during stressful and challenging times.


In order to highlight the importance of the issue, the Government of India has launched Tele MANAS, a Toll-Free mental health helpline that provides support and assistance to those struggling with mental health issues.

The students/faculty/staff can access the mental health counsellors by dialing the following Toll Free numbers 14416 and 1800-891-4416.


(Prof. Manpreet Kaur Kang)
Director, Students' Welfare

Copy to:

- i. All Deans/Directors/ USS, information to circulate among all the concerned students.
- ii. AR to Vice Chancellor for information of the Hon'ble Vice Chancellor.
- iii. AR to Registrar for information of the Registrar.
- iv. All Notice Board of GGSIPU University.
- v. In - Charge, Sever Room – with a request to upload the invitation on the University website.
- vi. Guard File.


(Neeraj Pant)
Section Officer, DSW